



The Newsletter of Emmanuel United Methodist Church!

The Lamplighter

OCTOBER 2025

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From the Pastor's Desk...

Membership Matters

At the very first church where I was appointed as a pastor, there was a family who attended worship regularly—perhaps not every Sunday, but often enough to be considered part of the congregation. They had taken United Methodist Church (UMC) membership vows. The mother sang in the choir, the father served as an usher, and their young daughter joined in the children's activities whenever the family was present.

One day, one of our choirs was invited to sing at another church's event. To everyone's surprise, there was that same family—Mom singing in the choir, Dad ushering, and the little girl participating with the other children. As it turned out, this family held *multiple church memberships*. That fact became fully known when a close family member passed away, and they shared how touched they were by the generosity of *all four* of their churches. When I later spoke with them, they were puzzled that they could not be formal members of several congregations at once.

Becoming a member of a local United Methodist Church means making a public promise—a covenant—to participate in a faith community and to follow the teachings of Jesus Christ. The congregation you join becomes your spiritual home. Some people think of it like joining a team or club, but it's much more than that. Membership isn't just attendance; it's commitment—offering yourself to a shared mission and supporting others in faith.

Within the UMC, this commitment is expressed through five vows of membership. These vows represent your promises to God and your fellow believers:

- **Prayers:** Committing to a relationship with God and the church through prayer—praying for others and asking for their prayers in return.
- **Presence:** Showing up for worship and community events. In an often-isolated world, your presence strengthens the community.
- **Gifts:** Sharing your time, money, and talents to support the ministries of the church.
- Service: Participating in ministry within and beyond the church walls—whether serving at a food bank, helping with mission projects, or organizing local outreach.
- Witness: Living and sharing your faith so that others may see Christ through you—not through preaching, but through your daily life.

Continued on the next page

Do you have something for our newsletter? Send items to the editor, Rick Bergmann at lamplighter@eumcbeltsville.com Membership Matters continued from the previous page

There are, of course, other categories of membership in the UMC besides professing members (those who have made vows of faith) and baptized members (those who have received baptism). Churches may also have affiliate members (temporary members from another UMC), associate members (members of another denomination), and constituent members (those under a church's pastoral care but not formally on the roll).

Currently, Emmanuel Beltsville is updating its membership rolls to reflect our active congregation accurately. While it's unlikely that anyone today holds membership in multiple churches, it remains our responsibility to be good stewards of our membership records. Each person listed on our current roster will soon receive a brief survey to confirm their membership designation.

This process is not merely administrative—it's an opportunity to reaffirm our shared covenant as a community of faith: to pray, to be present, to give, to serve, and to witness together as the body of Christ.

Pastor King

Friends and Family Sunday

It was a wonderful day seeing everyone who joined us on Friends and Family Sunday on September 14. The service was wonderful, the potluck had lots of great food and it was wonderful to see so many old friends!





Update from the Trustees

- •Parsonage Renter: We're pleased to share that as of early October, we have a new renter in the parsonage. She has moved in and is settling in well.
- •Heating Update: As we move into fall, we're monitoring the weather and will decide when to switch over to heat on a week-by-week basis. With the mild temperatures so far, we're holding off a bit longer.
- •Maintenance Requests: If you notice anything that needs repair, please email the church office or contact Rick Bergmann. Including a photo of the issue, if possible, is al-

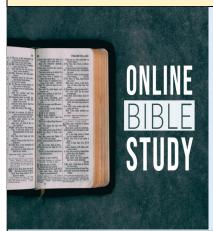
ways appreciated.

•Building Security: A friendly reminder — if you are the last person to leave the church, please double-check that the door you used to enter and exit is securely locked before leaving.

The Blessing of The Animals



Thank you to everyone who helped put together and who attended the Blessing of the Animals ceremony on October 5. The weather was great and we had a wonderful outdoor service.



Join Us For Virtual Bible Study

Virtual Bible Study is back. We meet on Tuesdays at 7 pm on Zoom. Each lesson is self contained so you can drop in whenever you are available. Join us for a good discussion of the Bible and how it relates to our lives each week.

ZOOM INFO https://bit.ly/4dO5iry Meeting ID: 929 3284 2856 Passcode: bible If you are calling in: 1-301-715- 8592 Meeting ID: 929 3284 2856

Passcode: 77881

Worship Through Giving: How Can I Give?

Online: www.eumcbeltsville.com/giving or scan the QR Code below. This is a great way to keep up with your giving if you are out of town, are sick or if you can't come to church.

Through the Mail: mail your offering to 11416 Cedar Lane, Beltsville, MD 20705.



UpStage Artists would like to extend our heartfelt thanks to Emmanuel for your support over the past five years.

Because of you, we were able to present our 20th production this fall! Our mission has always been to bring highquality, affordable theater to the community, and your generosity has made that possible. We are deeply grateful for your continued partnership and look forward to sharing more exciting productions in the years to come.

Resources for Federal Employees Affected By The Shutdown

If you're a government employee in Maryland who has been furloughed without pay because of the government shutdown, you may qualify for protection from having your gas and electric service shut off. This applies whether or not you're still required to report to work during the shutdown.

Gas and electric utility companies cannot disconnect your service for nonpayment during the shutdown or for 7 days after it ends as long as you contact the company before the shutoff date to: Verify that you're a government employee affected by the shutdown, and set up a plan to pay your overdue

balance once the shutdown is over. Call your utility directly to talk about your options and how you can verify that you are a government employee who has been affected.

Governor Moore has launched a dedicated resource page to support furloughed workers. It includes essential information on Unemployment Insurance, housing assistance, and services tailored for veterans. Go to https://response.maryland.gov/federalpublicservants/shutdown for resources to help.

- 01. Abraham Scotland
- 02. John Cavallo
- 04. Erica Belshay
- 05. Cale Fuller
- 08. Kathy Rodeffer
- 09. Elizabeth Galloway
- 13. Lauren Fadely, Alexandra Butcher, Michael Hatton
- 15. Magdalena Elliott, Elizabeth Elliott
- 16. Jonayn Hicks
- 17. Glendy Hernandez
- 18. Madison Cruz
- 19. Kathy Mellott, Tammy White
- 22. Kell Jones, Mary Plantholt
- 24. Patricia Embrey, Ruth Vaye
- 25. Mabel Clave
- 26. Pauli Colburn
- 27. Joyce Yarwood
- 31. Ronald Midkiff



- 04. Sallie Rhodes and Norman Beaver
- 07. Mary Jane and Dan Kenyon

Please pray for our homebound

Glen and Pauli Colburn Ernie Kilbourne **Emmy Lear**



Christian Love and Sympathy To The family of

Rose (Judy Dietrich's Friend)

Emmanuel is on Instagram! Follow @eumc beltsville





Join us on Facebook! https://www.facebook.com/groups/ **EUMCBeltsville**







FREE **MONTHLY FOOD DISTRIBUTIO** Saturday October 25 8 am to 11 am



Check out our website: www.eumcbeltsville.com





DBSA National Capital Area Chapter presents:
Dr. Nefize Yalin MD, PhD, MRCPsych, speaking on
Alcohol and Substance use in Bipolar
disorder: Importance, Implications,
Treatment Thursday October 9, 2025 at 7:00 PM ET

Alcohol and substance use are common comorbidities in bipolar disorder, significantly influencing disease course, symptom severity, and overall prognosis. This talk will explore the importance of recognizing these interactions and their implications on mood stability and functional outcomes. Pharmacological evidence-based treatment approaches and practical strategies for clinicians and individuals with bipolar disorder to address alcohol and substance use challenges, prevent relapse, and enhance recovery will also be discussed.

Dr. Nefize Yalin graduated from the School of Medicine, Ege University, Turkey and completed her training in general adult psychiatry and PhD in Basic Neuroscience in School of Medicine, Dokuz Eylul University, Turkey. She worked at Institute of Psychiatry, Psychology and Neuroscience (IoPPN), King's College London (KCL) as a post-doctoral researcher between 2015 and 2020, focusing on neuroimaging techniques in clinical trials and translational psychiatry. She became an academic clinical lecturer in General Adult Psychiatry at KCL in 2020 and was awarded consultant degree in general adult psychiatry also in the UK with endorsements in Liaison and Addiction Psychiatry in 2023. Since October 2023, she has been working at the Experimental Therapeutics and Pathophysiology Branch, National Institute of Mental Health, USA, focusing on novel therapeutics, translational neurobiology, and multi-modal neuroimaging in bipolar disorder.

This is a virtual talk which will be held over Zoom on October 9, 2025 at 7:00 PM ET. Please visit

https://tinyurl.com/dbsa100925 to register.

Registration is required. This program will be recorded.



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Saturday, October 18, 2025 10-2 pm

Emmanuel United Methodist Church, 11416 Cedar Lane, Beltsville, MD 20705!



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Elisvill	Sun	Mon	Tue	Wed	Thu	Fri	Sat
www.eumco	OFFICE HOURS M, W 10-12 pm Calendar Room Key: (FH)- Fellowship Hall (Sanctuary Building) (CSR)- Chester Stewart Room (Education Building) (Zoom)- Virtual (S)- Sanctuary	(Sanctuary Building) rt Room (Education		1 Office Open	2 Office Closed 7:00 pm UpStage Artists Rehearsal (FH)	3 Office Closed 7:00 pm UpStage Artists Rehearsal (FH)	4 5:00 pm Narcotics Anonymous (CSR)
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mmunuy!	19 Laity Sunday 10:00 am Worship (S) 2:00 PM UpStage Artists Performance (FH) 6:00 pm Scouts (CSR)	20 Office Open	21 Office Closed	22 Office Open	23 Office Closed	24 Office Closed	25 8:00 am Free Food Distribution 5:00 pm Narcotics Anonymous (CSR)
Engaging the Co	26 10:00 am Worship (S) 11:15 am Monthly Potluck 6:00 pm Scouts (CSR)	27 Office Open 7:00 pm Depression Bi Polar Support (V)	28 Office Closed	29 Office Open	30 Office Closed	31 Halloween	